

# UNRAVELLING THE UNCOMMON : LEYDIG CELL TUMOUR OF THE OVARY

Poster Number: EP 286

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## INTRODUCTION:

The signs of androgen excess in a perimenopausal women should be investigated. These symptoms can be due to many causes including adrenal & ovarian tumours.

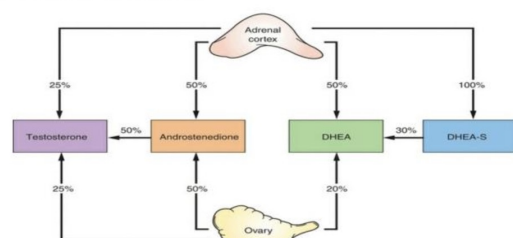
## OBJECTIVE:

To review Leydig cell tumour of ovary an extremely rare cause of androgen excess in perimenopausal women

**CASE REPORT:** A 44 years old, (P2L2, Prev. 2 FTND with TL done) presented with extreme distress caused by rapidly progressing signs & symptoms of androgen excess like hirsutism (Modified Ferriman Gallwey score: 18), deepening of voice & secondary amenorrhea since six months to Gynae O.P.D of AIIMS, Rajkot. The patient had high levels of serum testosterone (449 ng/dl) and a normal level of dehydroepiandrosterone sulfate (86.40 µg/dl).

Imaging, including transvaginal ultrasound and pelvic magnetic resonance, revealed a 14 mm, solid enhancing nodule, suspected to be sex cord stromal tumour of the ovary. No adrenal lesions were noted.

## (a) Androgen production



Solitary nodule on gross examination

Because of the clinical & biochemical signs of androgen excess, supported by findings on imaging, a provisional diagnosis of sex cord tumour cell of the ovary was formulated & TAH with BSO with RPLND & peritoneal biopsy was performed.

Histopathology revealed a sex cord stromal tumour measuring 13mm in the largest diameter. (Reinke crystals were not seen). Leydig cell tumour was likely & IHC further confirmed the same. (Inhibin: (+ve), calretinin: (+ve), Melan A: (weak +ve), EMA: (-ve)).

After the surgery, the patient had significant clinical improvement and her laboratory test results normalized. (Post op: S [Testosterone] levels: 12 µg/dl)

## DISCUSSION:

Leydig cell tumor of the ovary is a rare form of steroid cell tumour, a subtype of sex cord tumour cell (0.1% of ovarian malignancies). They are androgen secreting tumours, generally benign & unilateral. Treatment includes TAH + BSO

## CONCLUSION:

Leydig cell tumour should be considered in the differential for androgen excess in perimenopausal women. Multidisciplinary approach is helpful for faster diagnosis.

## REFERENCES:

1. Klimek M et al Leydig cell ovarian tumour - clinical case description and literature review. 2020 Sep;19(3):
2. Berek & Hekers Gynaecologic Oncology
3. Endocrinology & infertility: Leon Speerof

